

SMART CURL GOALS

When setting curl goals, make sure it follows the SMART structure.
Use the questions below to create your goals.

S

Specific

What do I want to accomplish?

M

Measurable

How will I know when it is accomplished?

A

Achievable

How can the goal be accomplished?

R

Relevant

Does this seem worthwhile?

T

Time bound

When can I accomplish this goal?